

Regenerative Impulses

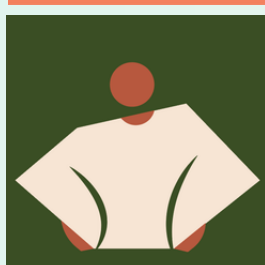
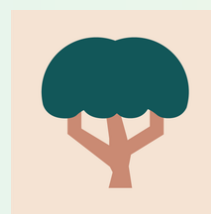
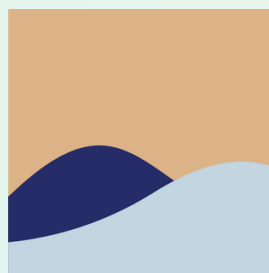
The 2026 World Ethic Forum public gathering

Workshops for dialogue, learning, and shared practice
around regeneration.



July 4 | 8:30 AM – 5:30 PM

National Museum of Kenya



An event weaving Regenerative
Impulses across cultural, social,
ecological, and economic
spheres via facilitated sessions.

www.nilejourneys.org/regenerativeimpules-wefo2026/

Morning
9:00 – 12:00

Tent – 1	Tent – 2	Tent – 3	Amphitheater
From wasteland to a regenerative garden by Karambu Ringera and Naomi Mwangi	Regenerative Impulses in Arid Landscapes by Nourane Amr	Who am I? by Dr Mawada Adam	Stories of cultural aliveness with coffee ceremony by Filimon Tesfasellassie

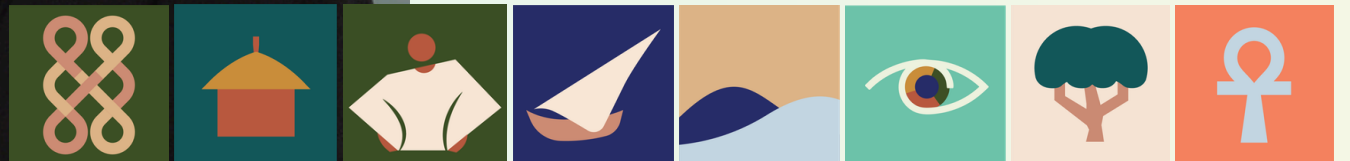
Afternoon
2:00 – 5:00

Tent – 1	Tent – 2	Tent – 3	Amphitheater
African Indigenous Wisdom and Science by Rutendo Ngara	Framework for Holistic Restoration by Ashleigh Campbell and Sampa Kalungu	African Wisdom, AI and the Future by Tusiime Kenneth	Communal resilience to face the super el Niño by Alexandra Gavilano



Regenerative Impulses

Tent 1 | 9:00 AM – 12:00 PM
National Museum of Kenya



Turning wastelands into regenerative garden

A featured workshop from **Regenerative Impulses**,
by **Dr. Karambu Ringera**

A regenerative development leader, systems thinker, and poverty eradication expert dedicated to transforming lives and landscapes across Africa.

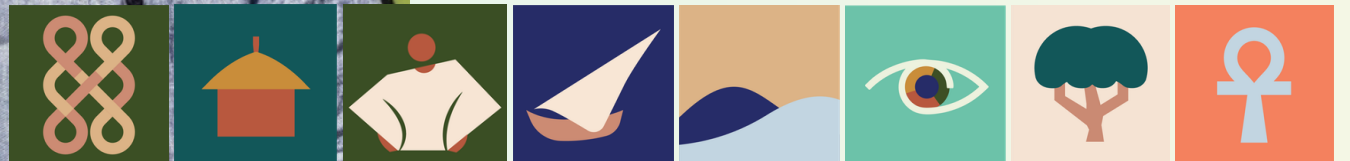
She works at the intersection of community empowerment, environmental justice, and systems change — turning wastelands into food forests and vulnerable individuals into agents of their own transformation. She is the creator of a groundbreaking regenerative transformation model redefining what development work looks like in Africa.



Regenerative Impulses

Tent 1 | 9:00 AM – 12:00 PM

National Museum of Kenya



Turning wastelands into regenerative garden

Naomi Mwangi, Co-facilitator with Dr. Karambu Ringera

Naomi Mwangi is a Kenyan visionary, leader, facilitator, and advocate for healing and empowerment. She serves as the Executive Director of International Peace Initiatives (IPI), supporting vulnerable women and children. Naomi hosts the Naomi Unscripted podcast, exploring story telling, healing, resilience, identity, mental well-being, relationships, and purpose. She is also the co-founder of the Kila Dada Initiative, empowering young women to build lives of dignity, confidence, and purpose. She co-facilitates leadership programs with New Generation of Leaders at International Peace Initiatives bringing young people together to reclaim their power from within.



Regenerative Impulses in Arid Landscape

A workshop by **Nourane Amr** and **members of the Nubian community**

A featured workshop from **Regenerative Impulses**

Tent 2 | 9:00 AM – 12:00 PM at the National Museum of Kenya



How does a community regenerate land, culture, and spirit in a changing landscape?

A session exploring Nile Journeys' work with the Nubian community of Heissa Island in South Egypt, where ecology, culture, history, and resilience come together. Through presentation, images, dialogue, and native seeds, we will explore community resilience, traditional ecological knowledge, and future possibilities for regeneration.

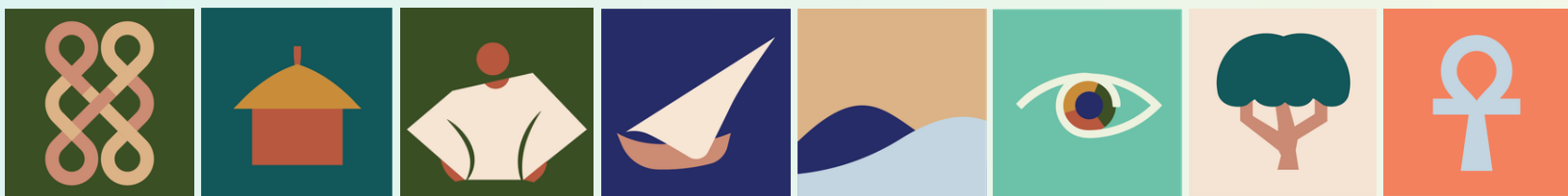
www.nilejourneys.org/regenerativeimpules-wefo2026/



Who am I?

A collection of stories from Sudanese women across ages, region and generations

A workshop by **Dr Mawada Adam**



A featured workshop from **Regenerative Impulses**

Tent 3 | 9:00 AM – 12:00 PM at the National Museum of Kenya

How can storytelling become a path for healing, leadership, and peace in times of war?

A session exploring the work of Collective Circles with Sudanese women activists and humanitarian actors working through displacement, violence, and moral injury. Through trauma-informed practice, somatic reflection, neuroscience, and indigenous wisdom, the workshop will look at how safe spaces can support wellbeing, conscious leadership, and collective resilience.

Centred around Who Am I, a collection of stories from Sudanese women across ages, regions, and generations, the session honours storytelling as a soft power for survival, memory, and healing.

www.nilejourneys.org/regenerativeimpulses-wefo2026/



Sharing stories of cultural aliveness with coffee ceremony

by Filimon Tesfasellassie from Fili Coffee

A featured workshop from **Regenerative Impulses**

Amphitheater | 9:00 AM – 12:00 PM at the National Museum of Kenya

His workshop explores how Fili Coffee, a social café based in Addis Ababa, Ethiopia, serves the community as a gathering space for renewal. It invites participants into the history and everyday practice of coffee, from the discovery to the art of roasting and gathering around the ceremony.

Within the spirit of Regenerative Impulses, this session offers a space to experience coffee as a carrier of cultural aliveness and a force for community building, reminding us how everyday practices can hold wisdom for renewal.



Regenerative Impulses

Tent 1 | 2:00 PM – 5:00 PM

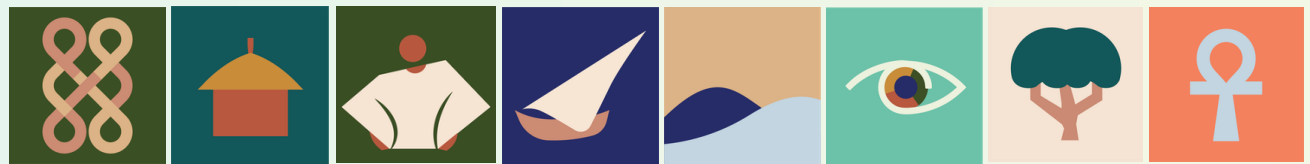
National Museum of Kenya

African Indigenous Wisdom and Science: Contributions to the Contemporary World

A featured workshop from **Regenerative Impulses**,
by **Rutendo Ngara**

Rutendo Ngara is an African Indigenous Knowledge Systems practitioner and transdisciplinary researcher, who has traversed clinical engineering, healthcare technology management, socio-economic development, mathematics, leadership and fashion design; to the interface between science, culture, cosmology and paradigms of healing. She has a passion for weaving art, science and spirituality towards healing of the Collective and restoration of the Whole.

When ecology drives the economy, everyone thrives



Introduction to the 4 Returns, a framework for Holistic Landscape Restoration

A featured workshop from **Regenerative Impulses**

Tent 2 | 2:00 PM – 5:00 PM at the National Museum of Kenya



Ashleigh Campbell,
Landscape Partnerships
Developer at Commonland

Developed by Commonland, the 4 Returns Framework offers a **practical and holistic approach to landscape restoration** that goes beyond environmental recovery to **create lasting value for people, communities, nature, and businesses.**



Sampa Kalungu, Labs
Designer & Facilitator at
Commonland

This workshop **introduces participants to the principles, philosophy, and practical application of the 4 Returns Framework** as a catalyst for transforming degraded landscapes into productive, resilient, and life-giving systems.

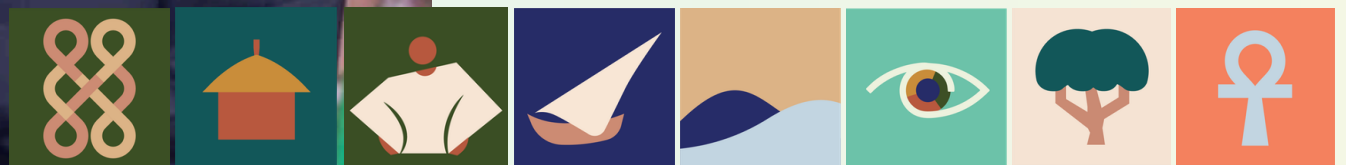




Regenerative Impulses

Tent 3 | 2:00 PM – 5:00 PM

National Museum of Kenya



African Wisdom, AI and the Future

A featured workshop from **Regenerative Impulses**,
by **Tusiime Kenneth**

This workshop reframes Africa not as a continent in need of development, but as a deep source of human intelligence, civilisational memory, systems thinking, and regenerative wisdom. It explores how AI and emerging technologies can help recover, transmit, and grow African knowledge systems that have been disrupted, extracted, or pushed to the margins.

Through ancient civilisations, present-day digital challenges, and a practical framework of seven pillars, Memory, Identity, Intelligence, Technology, Economy, Ecology, and Leadership, participants will explore where Africa can begin building now, and what role each person can play in shaping African-owned, African-rooted technology for collective flourishing.



How to create more communal resilience to face the super el Niño?

A workshop by **Alexandra Gavilano**, Resistencia y Resiliencia

A featured workshop from **Regenerative Impulses**

Amphitheater | 2:00 PM – 5:00 PM at the National Museum of Kenya

This interactive workshop opens a shared space to learn together about what the super el niño is and how it is expected to impact different parts of the world. To move together beyond fear and paralysis, we will discover together some basic first steps of how to prepare hand in hand with your community to be more resilient when facing disasters. To hear and learn from each other about local and international experiences, how ancestral and indigenous knowledge can teach us and the power of mitigating risk by working with the land.